Marble Falls TRIATHLON

SUNDAY, JULY 18, 2010 • 7:00 AM

1K SWIM IN LAKE MARBLE FALLS • 23 MILE BIKE • 4.4 MILE RUN

Race Day: Sunday Check-in is at 5:30 a.m. at the Marble Falls boat ramp. There is one transition area at the boat ramp and the finish is just beyond the boat ramp. USAT officials will be on hand to inspect bikes. Consult USAT insert in your packet or www.usatriathlon.org.

Swim: The swim is a counter-clockwise 1K open water swim in Lake Marble Fails. Please note wave schedule listed below.

Bike: The 23-mile bike course is out and back, steeped with hill country vistas. Take care to note the incline and decline nature of hill country cycling - make adjustments in your speed and in your distance to other cyclists. Drafting is illegal; it will not be tolerated. Be aware roads are open to traffic - use caution and do not cross the centerlines.

Run: The 4.4-mile run course (loop) is on pavement and dirt through quaint Marble Falls. There are two aid stations with smiling volunteers, water and Gatorade.

NO RACE DAY REGISTRATION

NO RACE DAY PACKET PICK-UP

For information: www.marblefallstri.com

(210) 366-3701 or (830) 693 5108

www.rogersoler.com or www.signmeupsports.com

HILL COUNTRY MOTEL
1101 Hwy. 281 North, Marble Falls, Texas 830-693-3637
Ask for Triathlon room specials.
For more info on Marble Falls: www.ci.marble-falls.tx.us

Post race: Stay around for food and fun. Don't forget to enjoy a stroll through Marble Falls.

Awards: Awards to top three: age groupers M/F; athena/clydesdale; masters M/F; relay teams (female, male, mixed). M/F(19/under;20-24,25-29,30-34,35-39,40- 44,45-49,50-54,55-59,60 and over women's, 60-64 men's, 65 and over men's); ATHENA (150 LB PLUS)/CLYDESDALE (200 LB PLUS); RELAY TEAMS (MENS, WOMENS, MIXED).

Wave Schedule

7:00 Wave 1 Men 34-under,
7:03 Wave 2 Men 35-49
7:06 Wave 3 Women 39 under
7:09 Wave 4 Men 50+ & Clydesdales
7:12 Wave 5 Women 40+, Athenas, and Relays

Registration
NO RACE DAY REGISTRATION. Early registration at all Roger Soler's Sports. LATE REGISTRATION after June 19.

PACKET PICK-UP

7/15	7/16	7/17
Soler's TRI Sports	**Austin Tri-Cyclist**	**Marble Falls**
14405 Old Bandera Rd.	923 Barton Spring Rd.	305 Buena Vista
Helotes	Austin	City Pool, Marble Falls
(noon-6PM)	(noon-7PM)	(noon-5PM)

All participants MUST have an annual USAT membership or a single day permit. IF YOU DO NOT HAVE YOUR ANNUAL USAT MEMBER CARD, YOU WILL BE REQUIRED TO PURCHASE A ONE DAY $10 PASS (cash/check only).

MARBLE FALLS TRIATHLON

Check one: ❑ Individual ❑ Clydesdale ❑ Athena
Relay: ❑ Male ❑ Female ❑ Mixed

NAME 1 (relay swim) or Individual: _____

TEAM NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE #: _____ E-MAIL: _____

SEX: ❑ M ❑ F DOB: _____ AGE on 12/31/10: _____ SHIRT: ❑ S ❑ M ❑ L ❑ XL

USAT #_____Exp. Date_____ Chip # _____

NAME 2 (relay bike): _____

SEX: ❑ M ❑ F DOB: _____ AGE on 12/31/10: _____ SHIRT: ❑ S ❑ M ❑ L ❑ XL

USAT #_____Exp. Date_____

NAME 3 (relay run): _____

SEX: ❑ M ❑ F DOB: _____ AGE on 12/31/10: _____ SHIRT: ❑ S ❑ M ❑ L ❑ XL

USAT #_____Exp. Date_____

Individual: $75 (after 6/19 $85)
Relay: $120 (after 6/19 $135)

NO RACE DAY REGISTRATION

Mail check (payable to RPM Sports, Inc.) & completed form to:
RPM Sports, Inc.
708 Amy Circle
Marble Falls, TX 78654

Total Enclosed:
$_____

Race entries are NON-REFUNDABLE.

RELEASE OF LIABILITY AGREEMENT
In consideration for the acceptance of my entry, I, for myself, my executors, administrators and assignees do hereby agree to assume full responsibility for my own safety and to save and hold harmless Roger Soler's Sports and all race sponsors, race officials, volunteers and their employees and agents, acting officially or otherwise from any manner predicated on loss or damage to the property or the injuries to, or death of any person which may occur resulting from my participation in the Marble Falls Triathlon and do hereby waive any demands or claims thereof. I attest and verify that I am physically fit and sufficiently trained to participate in the same. I understand there is no refund. I have carefully read this agreement and fully understand its contents.

_____
Signature 1* Date

_____
Signature 2* Date

_____
Signature 3* Date

*For those under 18, parent's signature required.